



Building a happy community!

Walt Disney's dream was to create 'the happiest place on earth'. This led to what we now know as Disney Land and for anyone fortunate enough to visit one of Disney's theme parks, they truly do live up to this vision. A study in Canada conducted by the Washington Post that I read recently concluded that 'people who live in small towns and rural areas are more happier than everyone else' after gathering data from 400 000 responses.

Google quickly came up with 10 suggestions for creating this 'happy community', and I hope this list will inspire you to action right here in Howick:

1. Step outside your front door and greet your neighbours – maybe offer them a chocolate cake
2. Host a neighbourhood braai or picnic in the park where everyone is included
3. Plant a community garden
4. Gather a group of friends and volunteer at a local charity
5. Organise a neighbourhood garage sale and donate the proceeds to a worthwhile cause
6. Put up signs on your front verge with happy sayings or words of encouragement to the community
7. Send a thank you letter to a local official who is doing good work in your community
8. Practise smiling and waving at people
9. Offer a solution for every problem you encounter
10. Say 'Thankyou' more often - to the teller at the supermarket, the petrol attendant at your local petrol station, your child's teacher, the volunteer who helps out at a local NGO etc.

Let's try out some of these ideas and make Howick a happy community!

Matt Hogarty
DIRECTOR

MONTHLY STEP COUNTER

APRIL/MAY 2021 

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INTRODUCING

Nomvelo Mnikathi

Nomvelo, 22 years old, is one of our new interns at Love Howick. She will be based at our Dream Centre, 19 Morling Street, in the capacity of an Assistant Trainer and Group Support Intern. We are so excited to welcome her, and all the other interns that you will get to meet over the next few months.



"The true sign of intelligence is not knowledge, but imagination."

ALBERT EINSTEIN

The GriefShare Seminar and Support Groups have become an internationally recognized platform to help people begin putting their lives back together after experiencing loss. This weekly meeting contains a video seminar combined with a small group discussion time to allow group participants to talk about the content of the seminar and discuss how they are dealing with their loss.

GRIEF SHARE®

WEEKLY SEMINAR & SUPPORT GROUP

WHEN: THURSDAYS (13 WEEKS FROM 15 APRIL 2021)
TIME: 10:00 - 12:00
VENUE: OASIS CONFERENCE CENTRE, 72 MAIN ST. HOWICK
RSVP: INFO@LOVEHOWICK.COM / 033 330 3456
COST: R250 FOR MANUAL

PRESENTED BY:



MAY

UPCOMING COURSES

Job Readiness:

4 - 27 MAY

English In The Workplace:

6 - 21 MAY

Office Admin:

6 - 13 MAY

Computer Literacy:

14 - 31 MAY

Cashier:

10 - 11 MAY

Merchandising:

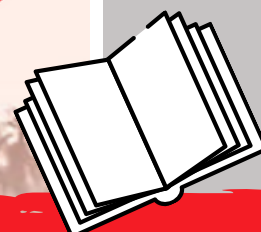
13 - 14 MAY

Waitering:

17 - 18 MAY

Barista:

19 - 21 MAY



WE NEED YOU!

Please help us meet the day-to-day needs of our organisation. We so appreciate all the help and donations we receive on a daily basis and what we do wouldn't be possible without you all.

We need:

- Winter blankets, second-hand, good quality winter clothing for children, teenagers, women and men.
- Non-perishable foods, tins and essential sanitary products
- 6 Sewing Machines in working order for our upcoming Clothes Making Course

If this sounds like something you would like to get involved in, please let us know at info@lovehowick.com or call 033 330 3456

YES INTERNSHIP PROGRAMME



We are so excited to welcome 15 new interns to our Organisation. We look forward to a long and prosperous year filled with mentorship, opportunities for learning and growth.

APRIL STATS OVERVIEW



Areas Brush Cut (m2)	2172
Verges & Pavements Cleaned (m)	2200
Gardens Cleared (m2)	647
Gardens Planted (m2)	72
Garden refuse & litter removed (bags)	300

RENOVERGE



STREET STORE

Food Parcels Distributed:	80
Clothing Given:	580
Porridge Given: (2kgs)	50
Sanitary Towels Given:	39
No. Of Households Impacted:	136

Job Readiness Students Completed:	12
Office Admin Students Completed:	9
Computer Literacy Students Completed:	7
Volunteer Hours Served:	30
Volunteer Places: Ackermans, Spar, Local Pre-Schools and Community Centres	

DREAM CENTRE



BECOME A LOVE HOWICK PARTNER



Donate

ZAPPER

BANK:
FNB Howick
ACC. NO:
627 747 27 039
BRANCH CODE:
220 725



Volunteer

EMAIL

INFO@LOVEHOWICK.COM
OR VISIT OUR SOCIAL MEDIA
AND WEBSITE FOR MORE
INFO!

