



# The Power Of Positive Stories

If the internet has taught us one thing, it's that everyone has a story – and we love to share them. From a mom telling her birth story to a CEO using story-telling to help their team engage with their company culture, or a grandmother passing on family traditions – all stories are vital for forming connection & meaning between individuals. Stories can provide a touchpoint for trust, build a bridge from the past to the future and unite people to invest in a common purpose.

Positive Stories are powerful tools that we want to encourage you to use to unite our communities and change the narrative over Howick from negative to positive. Especially at this time in world history with the negative influence of the Covid pandemic, we need a lot more positive story campaigners to motivate people and improve the morale in our society.

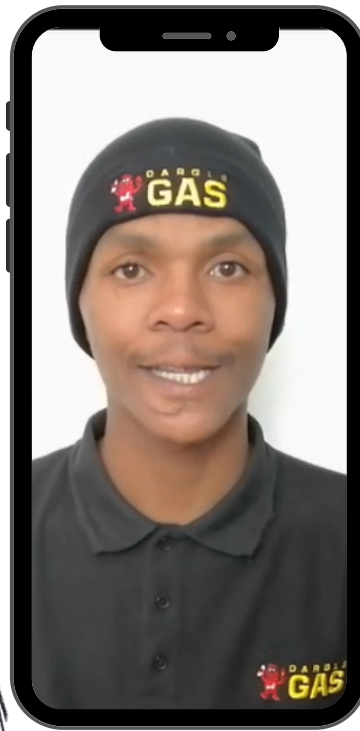
- Here are some ways we want you to become a 'positive story' campaigner:
- Use your social media platforms to share positive stories. These include thanking a business for good service, honouring an organisation for their positive impact on our environment, feel-good stories that declare why you love Howick, positive experiences at local establishments highlighting the features in our community for people to visit, giving a 'well done' instead of a 'complaint'.
  - Use your words in day-to-day conversations in a positive manner. When someone starts complaining, help switch their focus with a comment that focuses on the good that is happening.
  - Give time to documenting positive stories from your family's heritage, your business history, your community successes – that can be done through photography, video, journaling, art... any creative means.

This is why one of our key Love Howick projects is the 'Positive Media Movement'. We want to declare a positive message over the place we live because we know this will influence civic pride, attract investment and give people a sense of belonging. Let's flood the airwaves with positive stories – it will change our community!

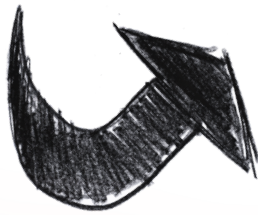
*Matt Hogarty*  
DIRECTOR

# MEET Nkosinathi Sithole

Nkosinathi is a past Dream Centre student with a powerful story! Take a look at this video to see first-hand what a difference our Dream Centre makes in so many lives on a daily basis. Nkosinathi went from unemployed and hopeless, to being employed full time by Dargle Gas. If you would like to sponsor a student to go through our courses or volunteer in a project of ours, please email [info@lovehowick.com](mailto:info@lovehowick.com) or visit our website for more information.



Tap the image to watch the video!



**"Be the change you wish to see in the world."**  
- Mahatma Gandhi

*Thank you!*

A huge Thank You to St Michaels Ambulance Services for gifting our YES Interns a full First Aid Course. We so appreciate being able to partner with local organisations who share our heart for empowering our Youth.

**First Aid Course with St Michaels Ambulance Services**

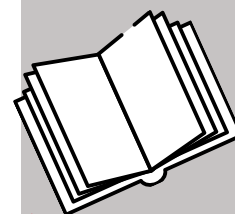
LOVE HOWICK

St Michael's Ambulance Service

## JULY UPCOMING COURSES

Courses postponed until further notice, due to Level 4 Lockdown.

Keep an eye on our Facebook page for updates on our Dream Centre opening up again.



# CORPORATE GOLF DAY HIGHLIGHTS



# COMMUNITY GOLF DAY HIGHLIGHTS



*Mandela Day*  
18 July 2021



Give your 67 minutes back by participating in our Community Clean Up:  
Friday, 16 July 2021  
12:00 - 13:07  
Falls Precinct, Meet at Rays Cafe



Join us on Friday, 16 July 2021 to give your 67 minutes to our Community Clean Up taking place at the Howick Falls.

If you can't join us on Friday, we would love for you, and your family, to send us pictures of you doing your own Community Clean-up where you are! Tag Love Howick and use the '#LHMandelaDay21' for a chance to be featured on our page!

# JUNE STATS OVERVIEW



Areas Brush Cut (m <sup>2</sup> )	59000
Verges & Pavements Cleaned (m)	8600
Road surfaces swept (m <sup>2</sup> )	1820
Gardens Planted (m <sup>2</sup> )	25
Garden refuse & litter removed (bags)	51

RENOVERGE



STREET STORE

Clothing Given:	450
Donated Porridge Given: (2kg)	90
Sanitary Towels Given: (packs)	60
No. Of Households Impacted:	90

Job Readiness Students Completed:	18
Office Admin Students Completed:	6
Computer Literacy Students Completed:	6
Barista Students Completed:	6
Volunteer Hours Served:	32
Volunteer Places: Ackermans, Spar, Local Pre-Schools and Community Centres	

DREAM CENTRE



## BECOME A LOVE HOWICK PARTNER



Donate

**BANK:**  
FNB Howick  
**ACC NO:**  
627 747 27 039  
**BRANCH CODE:**  
220 725

ZAPPER



volunteer

**EMAIL**  
INFO@LOVEHOWICK.COM  
OR VISIT OUR SOCIAL MEDIA  
AND WEBSITE FOR MORE  
INFO!

